

# **PUBLIC HEALTH CONNECTIONS**

November 2016 Volume 16, Issue 11 **Bureau of Community Health Systems** 

Susan Mosier, Secretary

Sam Brownback, Governor

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#### National Public Health Thank You Day - November 21

by APHA



Each year on the Monday before Thanksgiving Research!America and leading public health organizations take time to recognize public health professionals who work tirelessly every day to protect us from disease, injury, and other health threats. From the ordinary to the extraordinary, these heroes keep our drinking water safe, air clean and children healthy. Public health professionals are dedicated to reducing infant mortality, developing and distributing vaccines, tracking infectious outbreaks, preparing us for natural disasters and so much more. Read the message American Public Health Association's Executive Di-

rector Georges Benjamin sent to thank public health professionals for their work.

Sedgwick County has prepared a number of activities to recognize the work of public health professionals in their county. A new video will be released each day in November until National Public Health Thank You Day. Each video will feature an interview with a public health hero in Sedgwick County; the videos will feature a diverse range of professionals that impact public health. The released videos can be viewed here or with the Twitter hashtag #publichealthheroes. Another resource for communicating the impact of public health may be found at the State of Washington's Public Health is Essential website.

#### Winter Regional Public Health Meetings

by Teri Caudle, RN, PHN, Local Public Health Program Bureau of Community Health Systems, KDHE

by Kansas Health Matters Partnership

The regional public health meetings for the last quarter of 2016 offer a variety of useful information on proposed revisions to disease regulations, mandatory reporting, and upcoming changes to KS-TRAIN. The meetings are designed to connect local health departments with programs and best practices that will benefit the work you do within your communities. Register on KS-TRAIN at http://ks.train.org, Course ID# 1065642.

The agenda includes the following: Update on Kansas Disease Regulations: Times They are a Changin', D. Charles Hunt, State Epidemiologist and Director, Bureau of Epidemiology and Public Health Informatics; Child Abuse/Neglect Intake, Investigation and Assessment, Regional Administrators, Kansas Department for Children and Families; KS-TRAIN Local Health Department Administrator Training, Debbie Nickels, Kansas Department of Health and Environment (KDHE), KS-TRAIN Administrator and Karen Kelley, KDHE, Project Manager, Catalyst/KS-TRAIN.

The dates and locations for the meetings are:

South Central Region, Hutchinson, November 2 Southwest Region, Garden City, November 9

Northwest Region, Oakley, November 10

North Central Region, Beloit, December 14

Northeast Region, Topeka, December 13

If you have ideas for regional meeting topics please contact Teri Caudle at teri.caudle@ks.gov.

#### **Enter to Win an iPad from Kansas Health Matters**

KansasHealthMatters

Has your organization completed a successful project or initiative aimed at improving health in your community? If you answered Yes, then you could be eligible to win an iPad. If you do not wish to win an iPad, other prizes are available for substitution such as a gift card of your choice

for \$500, a Chromebook, or two registrations for the Kansas Governor's Public Health Conference, April 25 - 27, 2017. Kansas Health Matters is interested in adding your local examples to kansashealthmatters.org. Each example of a promising practice is automatically entered for a chance to win an iPad. Visit the Kansas Health Matters website to review guidelines for submission and to complete the Promising Practices Submission Form at kansashealthmatters.org/promisingpractices. The deadline to enter is December 1 and the winner will be contacted on or before December 12.

For assistance submitting a promising practice, contact Tatiana Lin, Kansas Health Institute at 785-233-5443 or tlin@khi.org.

#### **Kansas Public Health Training Fellowship**



by Kansas Statewide Farmworker Health Program

The Kansas Public Health Training Fellowship had their first in-person meeting of the eight month training fellowship on October 12 - 13 in Topeka. The two-day session included interactive public health leadership training and agency tours. Participants were divided into small groups and toured key public health systems partners including the Kansas Association of Local Health Departments (KALHD), Oral Health Kansas, Kansas Health Institute (KHI) and the Kansas State Department of Education (KSDE).

The participants also toured the Kansas Department of Health and Environment where presentations and discussions were held with the Division of Health Care Finance, the Kansas Health and Environmental Laboratories, and the following Bureaus: Community Health Systems, Oral Health, Disease Control and Prevention, Epidemiology and Public Health Informatics, Family Health, Health Promotion, Air, Environmental Field Services, Environmental Remediation, Waste Management, and Water. After touring these agencies, the Public Health Training Fellows reconvened to share learnings in a session that included interactive presentations and illustrated posters such as the one for Oral Health Kansas. The Kansas Public Health Training Fellows will continue to build upon the skills and knowledge gained through the leadership training and agency tours as they meet throughout the next six months via a series of webinars and in-person meetings.



#### **Prevent Carbon Monoxide Poisoning**

by Safe Kids Kansas

The arrival of colder weather means more homes will be turning up the heat with fuel-burning appliances. These appliances include furnaces, ovens, space heaters, generators, indoor grills, and fireplaces that can unknowingly cause dangerous levels of carbon monoxide (CO) to build up in the home.

According to the Centers for Disease Control and Prevention, children younger than five years old have the highest estimated rate of CO-related visits to the emergency room each year among all age groups in the United States. Nationally, more than 25 children die from CO poisoning every year. In Kansas, over 500 people have been hospitalized and four people have died from CO poisoning over the past 10 years.

Carbon monoxide is colorless and odorless. The symptoms of CO poisoning are similar to those of common winter ailments, like the flu. Without a CO detector in your home, your family can be poisoned without even realizing it's happening. Carbon Monoxide detectors cost approximately \$20 and can be purchased at most hardware and retail stores.

Carbon monoxide can cause sudden illness or even death. Having a working CO alarm is just as important as having a smoke alarm. Be sure to place a carbon monoxide detector with a battery backup near where people sleep to save lives.

Tips to protect your family from CO poisoning:

- Prevent CO buildup in the first place make sure heating appliances are in good working order and used only in well-ventilated areas.
- Don't run a car engine in the garage, even with the garage doors open. If you need to warm up your vehicle, move it outside first.
- Install a CO alarm outside every sleeping area, on every level of your home and at least 15 feet away from every fuel-burning appliance.
- When you check your smoke alarm batteries each month, check the batteries on your CO alarms at the same time and replace the batteries twice a year.
- · Never use an oven for heating.
- Portable generators must be used outside for proper ventilation. They cannot be used indoors or inside of a garage.
- Have all gas, oil or coal-burning appliances inspected by a technician every year to ensure they're working correctly and are properly ventilated.
- If more than one person in the home suddenly feels ill for no apparent reason, or if a CO alarm goes off, get everyone outside immediately and call 911 from a pre-arranged meeting place.

For more information about CO poisoning, visit www.safekids.org, or call the Poison Control Hotline at (800) 222-1222.

# Population Health and Preparedness Statewide Call



The Kansas Department of Health and Environment (KDHE) hosts a Population Health and Preparedness Statewide Webinar on the fourth Tuesday of every month at 10 a.m. The next webinar will be November 22. To view minutes from the monthly calls, click the KDHE logo.

# Public Health 3.0: A Call to Action to Create a 21st Century Public Health Infrastructure

bv DHHS



The United States Department of Health and Human Services (DHHS)'s Acting Assistant Secretary for Health, Karen DeSalvo, and her office have released a new report, Public Health 3.0: A Call to Action to Create a 21<sup>st</sup> Century Public Health Infrastructure. The report is a new nationwide strategic roadmap, including a new model of public health, to address the fundamental challenges of population

health. The report includes a set of high-level recommendations that can be used to help communities transform to a Public Health 3.0 system. The key components of Public Health 3.0 are enhanced public health leadership in the community, broad engagement with partners across multiple sectors, an accreditation process that includes Public Health 3.0 elements, more timely and locally relevant data, new metrics of community health and more flexible public health funding. The Public Health 3.0 model places an emphasis on addressing social determinants of health through crosssector collaboration and systems-level action. The Public Health 3.0 initiative builds off ongoing Healthy People 2020 efforts that encourage collaboration across sectors and communities. DeSalvo noted that transitioning to Public Health 3.0 will require new resources and she recognizes the challenge this presents for a field that already struggles with underfunding. The American Public Health Association's Public Health Newswire has made available an interview with De-Salvo highlighting the report. The National Association of County & City Health Officials (NACCHO) recently released a podcast with Acting Assistant Secretary for Health Karen DeSalvo discussing the new model and how health IT is changing the way local health departments operate on a day-to-day basis.

#### Apply for NACCHO's 2017 Model Practice Award - Deadline November 4

by NACCHO



The National Association of County & Oity Fleatin Cinicials (13.35-17), tions for the 2017 Model Practices Awards through November 4. The Model Practices Program The National Association of County & City Health Officials (NACCHO) is accepting applicanationally honors outstanding local public health practices and shares them through the Model

Practices Database. By submitting a practice, local health departments contribute to the overall improvement of public health through evidence-based practice methods. More information about the application process and the application are available on the NACCHO website.

# The Community Guide Launches New Website

by The Community Guide



The Community Guide

I ne Community Guide recently ladingles of the Community Preventive Services is a collection of evidence-based findings of the Community Preventive Services The Community Guide recently launched a new website. The Community Guide

Task Force that can help when selecting interventions to improve health and prevent disease in your community. Visit thecommunityguide.org to search more than 200 findings and access numerous resources for improving community health. A webinar recorded earlier this year offer additional information about how The Community Guide can support community health improvement efforts.

#### Coming Soon: New TRAIN Platform Available to Learners in Early 2017

by Public Health Foundation

The Public Health Foundation (PHF) is preparing to lauricin is new troops accessing new, more userform, including a new look. Starting in early 2017, learners can begin accessing new, more user-The Public Health Foundation (PHF) is preparing to launch its new TRAIN Learning Network platfriendly features on the state-of-the-art TRAIN Learning Network. These changes will make it easier for TRAIN's 1.2 million learners to use the platform and find quality courses. Learn more about the launch of the new TRAIN Learning Network platform and what you can expect from these exciting changes in 2017.

#### **Nutrition Toolkit Available: Protein Recipes and Resources**

by Midwest Dairy Council



The Institute of Medicine recommends 10 percent to 35 percent of total daily calories from protein. For a 2,000 calorie diet, this translates to 50 grams to 175 grams of protein per day. However, many Americans eat most of their protein in the evening, leaving them without the appropriate fuel they need to feel energized all day. Research shows that 30 grams of protein at each meal is sufficient to stimulate protein growth in younger and older adults. Distributing protein throughout the day, starting at breakfast, provides energy and a greater ability to focus on the day's activities. To help clients or pa-

tients get their 30 grams of protein at each meal, the Midwest Dairy Council has created an online protein toolkit that includes recipes and resources on how to incorporate protein rich dairy foods into meals and snacks.

2017 Schedule Meetings and Conferences Impacting Local Public Health Agencies

Click Here to Access the Calendar

by Great Plains Diabetes

#### Live Well with Diabetes Fair - November 5



Live Well with Diabetes is a free, all day event to be held at the K-State Research and Extension Sedgwick County Office on Saturday, November 5. The program is targeted for those with Type 1 & Type 2 diabetes, adults, children, families and those at risk of developing diabetes. There will be free exhibits from 9 a.m. - 3 p.m. including diabetes screening, foot checks,

cooking demos, and hourly drawings. Chef Dana Herbert from The Learning Channel's Cake Boss: The Next Great Baker will share information on moderation. The guest speakers also include Will Cross, who has climbed the highest mountain on each of the world's 7 continents while living with Type 1 Diabetes. Stephen Ponder, MD, will present on Managing Type 1 Diabetes in a Modern World at 1 p.m. No registration is required for this event. For more information on the event please view the flyer. A professional continuing education program will also be available; for more information on that opportunity, look in Training & Conferences.

#### Blue Cross and Blue Shield of Kansas Partners with Dillons to Provide No-Cost Flu Shots to Any Kansan- November 5 - 13

by Blue Cross and Blue Shield of Kansas





BlueCross

The holidays are fast approaching, and so is flu season. For the second consecutive BlueShield year, Blue Cross and Blue Shield of Kansas and Dillons are partnering to provide no-cost of Kansas flu shots for all Kansans - ages six and older - who want to enjoy the holidays with families

and friends without the worry of bringing home, or spreading, the flu. Beginning November 5 and continuing through November 13, Blue Cross and Blue Shield of Kansas (BCBSKS) is sponsoring flu shots at 57 Dillons pharmacies in 27 different communities, stretching from Colby to Leavenworth and Manhattan to Arkansas City.

Kansans will find it simple to get a flu shot at no cost. All one has to do is:

- Visit a nearby Dillons pharmacy department, November 5-13 during regular pharmacy hours
- Provide some basic information, like name and date of birth
- Show an insurance ID card if one has coverage; if not, that's okay
- Roll up a sleeve and get a flu shot
- Leave the store protected and without having to pay a dime

This is a great opportunity for those without insurance to receive protection from the flu without having to pay for the shot. For those with insurance who normally would owe a copay or coinsurance for a flu shot, Blue Cross will pick up that cost - no matter which insurance carrier the Kansan has coverage through.

Please help spread the word about this offer to your clients, family and friends. An informational flyer is available to be copied and distributed, or posted in your agency. A larger poster that can be printed and posted is also available. In addition, a Backpack Stuffer is available to distribute that you may use if you would like to hand out information on the campaign directly to clients, students, or community members. More information is available online at bcbsks.com/flushot. BCBSKS intends to promote this opportunity through their Facebook and Twitter accounts. Please feel free to follow their Facebook page or Twitter @BCBSKS in order to share their posts via your own social media channels. If you are interested in sharing this information from your organization's Facebook or Twitter, contact Virginia Barnes for a zipped file with templates and an easy media guide.

## National Rural Health Day - November 17

by Kansas Office of Rural Health & Primary Care

Join the National Organization of State Offices of Rural Health (NOSORH) in celebrating National Rural Kansas Health Day on November 17. Take the time to thank someone who has made a positive impact on their local community, brought services that may not have been there before, shown local leadership, demonstrated a long term commitment to improve rural health, have been a dependable partner, have helped make a change for better health, ensured access to care, or championed innovation in rural communities. Find more resources here to help you and your organization make the most of National Rural Health Day, and help celebrate the power of rural.

#### **November Focus - Brought to You by Kansas Health Matters**



Staying at a healthy weight can help prevent and manage problems like type 2 diabetes, heart disease, high blood pressure, unhealthy cholesterol, and high blood glucose. In addition, eating healthy is one of the most important things you can do to lower your risk for type 2 diabetes and heart disease. Check the indicators to see the percent of adults diagnosed with diabetes in your community. Kansas Health Matters

provides data resources by county, region and state to assist you in looking at the health of your community. Additionally, a number of resources and best practices related to diabetes prevention and management are available on the website.



#### Guide for Developing Legal Documents Governing Cross-Jurisdictional Sharing Arrangements



by Center for Sharing Public Health Services and The Network for Public Health Law The Center for Sharing Public Health Services, in partnership with the Network for Pub-Public Health Services lic Health Law, has released a new publication, Guide for Developing Legal Documents og Bounduries for Better Health Governing Cross-Jurisdictional Sharing Arrangements. The guide was developed after re-

viewing the work of many teams involved in cross-jurisdictional sharing initiatives. The guide is a tool to assist in developing legal agreements that govern cross-jurisdictional sharing (CJS) arrangements. Additional resources, including examples of legal agreements and additional guidance, are available at the Center's website.

#### **New Email Addresses for KDHE Staff**

by KDHE



The Kansas Department of Health and Environment (KDHE) has switched its email system to Microsoft Office 365, a cloud hosted email. As a part of this process, all KDHE employees have a new email address. The switch to the new system began in July, with employees moving to the new system in groups; all employees have now moved to the new system. Most KDHE employees' new email address will be in the fol-

lowing format: firstname.lastname@ks.gov. Many KDHE staff have noted their new email address in the signature line of their emails. Messages sent to the KDHE employee's previous email address should automatically forward to their new email address for approximately 10 months. However, please consider starting to use the new email address right away. Office or cell phone contact numbers have not changed as a result of the switch to Office 365.

#### **New Discover Dairy Curriculum Available**

by Midwest Dairy Council



Help students learn where their food comes from. Share the new Discover Dairy curriculum with classroom educators you know. Discover Dairy is an engaging, interactive, cross-curricular, multi-leveled lesson series that meets Common CORE Standards for Math, Science, and Reading, while incorporating social studies concepts to show upper elementary and middle school students where milk comes from and how dairy farmers contribute to our world. This resource is provided at no cost to educators and others interested in teaching students more about dairy.

#### 14th Annual Trauma Program Statewide Leadership Meeting

by Kansas Trauma Program



The 14th Annual Trauma Statewide Leadership Meeting was held on October 12 in Wichita at the Wesley Medical Center. The event had great participation with over a hundred registrations and several informative speakers. It was attended by a diverse group of physicians, APRNs, nurses, EMS personnel, and others working within the trauma system. Dr. Paul Harrison, Wesley Medical Center, started the morning with information on national advances in trauma system development. Senator Laura Kelly and Norraine Wingfield, Kansas Traffic Safety Resource Office Project Director, presented on injury prevention legislation. A session on treating trauma patients who are police officers was delivered by Tracy McDonald, RN, MSN, CCRN-K, NEA-BC, of Midwest Trauma Society

and the University of Kansas Hospital, and Ed Klumpp, Kansas Sheriffs' Association. The Concordia Fire and Emergency Medical Services' Chief, Eric Voss, presented on culture shock. Children's Mercy's David Seastrom, RN, BSN, Trauma Outreach & Education Coordinator, presented on pediatric trauma. Dr. James Haan, the Trauma Medical Director of Via Christi St. Francis, presented a case study at the meeting. Other sessions included a session on making decisions regarding activation, a Kansas Trauma Program Update, and a brief wrap-up session.

The event also had several opportunities for networking and regional updates. Those who attended the meeting were entered into a raffle for eighteen giveaways. Giveaways ranged from a Breast Cancer Awareness themed basket to a Kansas University (KU) giveaway basket with four tickets for a KU bas-



ketball game. The raffles were an opportunity for organizations and individuals to celebrate the work regularly carried out by those within the trauma system. Many positive reviews for the event were received from the participants. For more information on the Kansas Trauma Program and their work, visit their website.

> Save the Date! Chronic Disease Alliance of Kansas Semi-Annual Meeting Tuesday, December 13 Hilton Garden Inn, Manhattan, KS 9 a.m. - 4 p.m. (tentative times)

# **ACCREDITATION CORNER**

#### Aligning Accreditation and the Foundational Public Health Capabilities

The Public Health National Center for Innovations (PHNCI), established by the Public Health

Accreditation Board (PHAB), recently developed a new publication entitled Aligning Accreditation and the Foundational Public Health Capabilities, which explains the alignment between Version 1.5 of the Accreditation Standards and Measures and Version 1.0 of the foundational capabilities, part of the foundational public health services framework. As outlined within the document, the significant alignment between the two is displayed in a tabular format: the first table provides a high-level overview of the alignments, while the second table provides detailed connections among the elements of each foundational capability. Collectively, the tables reflect how an accredited health department embodies the foundational capabilities. PHNCI encourages broad dissemination of this new resource, and hopes this document is useful for health departments' work around the foundational public health services. Visit www.phnci.org to learn more about the foundational public health services framework and the health departments working toward implementing them at the state and local level.

#### A Performance Management Initiative for Local Health Department Vector Control Programs



Local health department (LHD) vector control programs have experienced reductions in funding and capacity. Acknowledging this situation and its potential effect on the ability to respond to vector-borne diseases, the U.S. Centers for Disease Control and Prevention and the Public Health Foundation partnered on a performance management initiative for LHD vector control programs. The Vector Control Program Improvement Initiative involved 14 programs that conducted a performance assessment using the Environmental Public Health Performance Standards. The pro-

grams, assisted by quality improvement (QI) experts, used the assessment results to prioritize improvement areas that were addressed with QI projects intended to increase effectiveness and efficiency in the delivery of services such as responding to mosquito complaints and educating the public about vector-borne disease prevention. This article describes the initiative as a process that LHD vector control programs may adapt to meet their own performance management needs. This study also reviews aggregate performance assessment results and QI projects, which may reveal common aspects of LHD vector control program performance and priority improvement areas. LHD vector control programs interested in performance assessment and improvement may benefit from engaging in an approach similar to this performance management initiative. Vector control program QI projects can also be used as documentation for health departments pursing accreditation with the Public Health Accreditation Board. Additionally, the Public Health Foundation (PHF) has final reports from the 14 participating LHD vector control programs available on its website. One of the LHD participants has provided a blog entry on the PHF website about how the project was effective in mobilizing community partners to action to support their small agency.



# **Funding Opportunities**

#### Smart Growth Technical Assistance Programs - Deadline November 6

The Environmental Protection Agency (EPA) has three technical assistance programs open SEPA US Envir graphications: Healthy Places for Healthy People; Local Foods, Local Places; and Cool & Connected. Through each of these technical assistance opportunities, the EPA will offer communities assistance in learning about and implementing smart growth approaches. Smart growth covers a range of development and conservation strategies that help protect communities' health and natural environment while also making communities more attractive, economically stronger, and more socially diverse. More information about smart growth is available on the EPA website.

Healthy Places for Healthy People helps communities create walkable, healthy, economically vibrant places by engaging with their health care facility partners such as community health centers (including Federally Qualified Health Centers), local health departments, nonprofit hospitals, and other health care facilities. Healthy Places for Healthy People will provide selected communities with expert planning assistance that centers around a two-day community workshop. A team of experts will help community members develop an implementable action plan that will focus on health as an economic driver and catalyst for downtown and neighborhood revitalization.

Local Foods, Local Places aims to boost economic opportunities for local farmers and businesses, improve access to healthy local food, and promote childhood wellness. Through Local Foods, Local Places, partner communities have worked on projects such as:

- Opening year-round, downtown markets featuring foods from local farmers.
- Planning cooperative grocery stores to help revitalize small-town main streets.
- Creating centrally located community kitchens or food hubs to aggregate and market local foods.
- Starting business incubators to help entrepreneurs launch food-related businesses on main streets.
- Making it easier for people to walk or bicycle to farmers markets and local restaurants.
- Helping schoolchildren to grow their own food, and making healthy local food accessible to families, including via SNAP (Supplemental Nutrition Assistance Program) benefits.
- Developing community gardens in walkable, transit-accessible places.

Cool & Connected, a planning assistance program sponsored by the U.S. Department of Agriculture Rural Utilities Service, EPA's Office of Sustainable Communities, and the Appalachian Regional Commission, helps rural communities use broadband service to revitalize small-town main streets. Communities can combine broadband service with other local assets such as cultural and recreational amenities to attract investment and people, including young people, and diversify local economies. Through Cool & Connected, a team of experts helps community members develop strategies and an action plan for using broadband to create walkable, connected, economically vibrant main streets and small-town

## NACCHO's Health is Power Campaign - Promoting Sexual Health among Heterosexual African American Men - Deadline November 16



The National Association of County and City Health Officials (NACCHO), with support from NACCHO the Centers for Disease Control and Prevention's (CDC's) Division of Sexually Transmitted Diseases (STD) Prevention, is pleased to announce this new funding opportunity to participate in a demonstration site project to implement and evaluate Health Is Power. Health Is Power is

designed to promote positive sexual health behaviors among young heterosexual African American men, ages 18 - 30, through a multi-phased campaign with messaging around increased condom use, healthy relationships, STD prevention, and open partner communication. Health Is Power includes packaged materials and messaging for online and socialmedia distribution, as well as print and on-the-ground outreach. Materials are intended to be built upon and customized with agency logos, and should include links to drive the target audience to relevant information, resources, services, or events conducted or provided by the agency or a trusted partner.

Demonstration sites will adapt and expand Health Is Power messages and materials to meet the needs of their local target audience, develop customized implementation plans, and evaluate campaign reach and effectiveness. NACCHO will provide technical and capacity building assistance on effective implementation and evaluation of local Health Is Pow-

NACCHO will make available approximately three awards of up to \$40,000 for this 15-month project. Private and public agencies are eligible for this funding opportunity, including local health departments, non-profits, and faith-based and community-based organizations. Application requirements and full details of the project are available in the Request for Applications (RFA). Letters of Intent (optional) are due by 11:59 PM PDT on October 21, 2016. Completed applications are due by 11:59 p.m. PDT on November 16. Questions about the RFA and application process can be directed to Sarah Getachew, Program Analyst, at sgetachew@naccho.org or 202-507-4253.

#### Rural Health Network Development Grant - Deadline November 28



The United States Department of Health and Human Services is soliciting applications for the Rural Health Network Development (RHND) Program. The purpose of the program is to support mature, integrated rural health care networks that have combined the functions of the entities participating in the network in order to address the health care needs of the targeted

rural community. Awardees will combine the functions of the entities participating in the network to address the following statutory charges: achieve efficiencies; expand access, coordinate, and improve the quality of essential health care services; and strengthen the rural health care system as a whole.

The RHND Program encourages innovative solutions to local health care needs identified by local communities and supports rural communities in preparing for changes within the health care environment. In January 2015, the Secretary of the U.S. Department of Health and Human Services (HHS) announced a plan for delivery system reform that aims for collaboration across all sectors. Reform also includes a shift from a previous focus on clinical outcomes and practices to improving patient health and preventing chronic disease.

Although rural providers and health care entities have not yet been required to implement components of the health care delivery system reform at the same pace or scale as their urban counterparts, many have begun to explore and implement the systems and infrastructure necessary to meet these requirements. Applicants to the RHND Program will use this funding opportunity to address the unique health care challenges of their community while simultaneously positioning themselves for health care delivery system reform changes and the focus on patient value and population health by tracking outcome measures tied to this initiative's three topic areas: incentives, care delivery, and information. Programs are also encouraged to consider participation in the various payment and delivery systems models created by Center for Medicare and Medicaid Services Innovation Center. The application guidance and more information about the grant are available on the website.

# Universal Service Administrative Company - Rural Health Care Program - Deadline November 30



The Universal Service Administrative Company is an independent non-profit designated by the Federal Communications Commission (FCC) to distribute funds that increase the availability of telecommunication services, especially in rural areas. The Telecommunications Program, formerly Company known as the Primary Program, provides discounts for telecommunications services for eligible

health care providers. As long as applicants file their funding request during the filing window, they are guaranteed to receive at least a percentage of the request based on funding available. Last year, funding requests reached an historic high of \$377 million of the \$400 million annually available. Anticipating that requests may reach or exceed the \$400 million cap, the FCC just announced new filing windows for FY2016 which is July 1, 2017 - June 30, 2017.

The next filing window is from September 1 - November 30, 2016. If funds remains after all applications in that window are funded, the third filing window be February 1 - April 30, 2017, and all requests in that window would again receive an equal percentage of available funds. More information about the funding opportunity is available here.

# Advancing Systemic Changes to Promote Healthy School Environments - Deadline November 30



The Robert Wood Johnson Foundation (RWJF) seeks to advance systemic changes that embed health in school environments. To help advance these systemic changes, the Foundation will support a collaborative, multipronged strategy with three complementary Robert Wood Johnson Foundation areas of work related to Research, Policy, and Strategic Action. This Call for Qualifications (CFQ) represents Phase I of a two-phase selection process designed to identify eligible

organizations to lead each area of work, which include:

- 1. Applied Research and Translation (one to two grants awarded) to use research to facilitate the implementation of practices and policies that generate healthy, safe, and nurturing school climates that help to reduce health disparities.
- 2. Policy Analysis and Development (one to two grants awarded) to identify and elevate effective and equitable policies that generate healthy, safe, and nurturing school climates that help to reduce health disparities.
- Strategic Action and Alignment (one lead grantee with core partners) to expand support from decision-makers, practitioners, and other key stakeholders who will ultimately be responsible for establishing and supporting policy, implementing best practices, and embracing school-change efforts that address the real conditions that support or impede children's health and learning.

Please note that an organization may submit qualifications for one or more areas of work. However, each submission must be separate (applications for each body of work will be reviewed separately). For further information or to apply for an area of work, please visit the website. Questions can be directed to Vanessa Farrell at healthyschools@rwjf.org.

#### Cardinal Health Foundation's E3 Grant - Effectiveness, Efficiency and Excellence in Healthcare Grant Program -**Deadline December 9**



Cardinal Health develops and supports programs that help healthcare providers implement best practices that can truly transform patient care. Over the past nine years, the Foundation has invested \$8.6 million with 297 grants to hospitals, health systems or other health-related organizations. These projects have produced some very significant outcomes and insights. Cardinal Health remains committed to helping improve the efficiency

and effectiveness of healthcare and in 2017 the E3 program will take into account rapidly changing demographics, the importance of the patient and the family as key partners in care and a renewed appreciation for the value medications, when used appropriately, can play in positive patient outcomes.

Cardinal Health Foundation is seeking proposals that include the following criteria in 2017:

- Supporting the best use of medications, especially at transitions across the continuum of care from the hospital to home/to ambulatory settings.
- •Managing diabetes and/or multiple chronic diseases
- Being informed by and implementing emerging innovations that have been tested and are supported by data showing success in improving outcomes, reducing cost or accelerating the rate of change in healthcare
- Engaging patients and their caregivers/families as well as healthcare leadership
- Publishing or otherwise sharing outcomes
- Finding innovative and sustainable ways to effect long-term change

The emphasis is on helping patients achieve their clinical goals for diabetes or multiple chronic diseases. In addition to measuring clinical outcomes, grantees will also be asked to measure reduced lengths-of-stay and readmissions. The E3 Grant Program Proposal Guidelines and Instructions provide further details on the grant requirements. Responses to some of the most frequently addressed questions are available on the website. Questions about the grant opportunity can be directed to communityrelations@cardinalhealth.com.

## Career Development Grants - Deadline December 15

The American Association of University Women's (AAUW) Career Development Grants provide assistance to women who, through additional higher education, technical training, or participation in professional development institutes, are making career changes, seeking to advance in current careers, or reentering the workforce. Primary consideration is given to women of color, women pursuing credentials in nontraditional fields, and women who do not currently hold an advanced degree. Grants provide support for coursework toward degree programs other than a doctorate or for specialized training in technical or professional fields. Applications for AAUW Career Development Grants are open August 1 - December 15.

# **Training and Conference Announcements**

# Living Well with Diabetes - Professional Continuing Education Program - November 5

Over 25 million people have diabetes. Educating health professionals about current treatment

GREAT PLAINS options in diabetes care is vital to promote improved diabetes management and prevention of dia-DIABETES betes complications. On November 5, in Wichita, the Living Well with Diabetes - Professional Continuing Education Program will provide an overview of current medications and technologies availa-

ble for the treatment of diabetes. The program will include discussion on both current medication categories and current technologies; participants will also learn more about the appropriate use of medications and technologies in diabetes management. Speakers will include Yale University School of Medicine's Geralyn R. Spollett, MSN, CNP, CDE and Wichita-based Diabetes Educator, Jacqueline A. Aday, RN, CDE. This conference has been approved for a total of 4.0 contact hours by the Kansas State Board of Nursing. For more information or to register, contact Hagan & Associates, LLC at 316-219-3571 or education@haganassociates.biz.

#### **Coalition Development Workshop - November 9**

LiveWell Saline County is hosting the Coalition Development Workshop on November 9 at the Bicentennial Center in Salina. It will be a hands-on training, and communities are encouraged to County send teams to allow the group to leave the workshop with actionable goals and next steps. The keynote speakers include Kathleen Zurcher presenting on Mobilizing Communities to Create Last-

ing Change and Tina Cardarelli, Indiana Perinatal Network, addressing the Power of Coalitions to Create Change. A panel of Kansas Coalitions will also provide insight on lessons learned through their own experiences of coalition development. A discounted registration rate is offered for teams. Lunch will be provided. View the flyer for more information.

# 2016-2017 Behavioral Health Training and Technical Assistance for State, Tribal, Territorial, and Local Health Officials Program - Application Deadline November 10



Through a Request for Application process, up to forty health officials will be selected to participate in the Behavioral Health Training and Technical Assistance for State, Tribal, Territorial, and Local Health Officials Program. Selected health officials will gain direct access to behavioral health (mental health and substance use disorders) training and technical assistance to en-

hance and/or initiate behavioral health efforts within their jurisdictions through this 8-month initiative. From November 2016 through June 2017, the program participants will participate in one introductory webinar, a two-day in-person training, the National Council's Annual Conference, and gain access to additional ongoing trainings and resources. The twoday in-person training (April 1 - 2, 2017) will precede the National Council's 2017 Conference from April 3 - 5 in Seattle, WA. Program participants will also be granted the opportunity to attend the National Council Conference for free. Travel, lodging expenses, and conference registration fees will be covered for selected program participants thanks to funding from the Centers for Disease Control and Prevention. In order to inform the technical assistance and resources offered throughout the program, applicants will be asked to complete a behavioral health assessment as part of the application process. For more information about the program, please review the Request for Applications & Application Questionnaire. Contact Margaret Jaco with questions at Margaret J2@thenationalcouncil.org.

#### Webinar: Attracting the Right Candidate through Effective Communication - November 15



The University of Kansas Medical Center's Kansas Recruitment and Retention Center is partnering with the State Office of Rural Health and 3RNet to provide a ninety-minute webinar at 1:30 p.m. on November 15 focusing on recruiting solutions for Kansan health care organizations that serve rural or undeserved communities. The webinar will provide insight on how

to effectively communicate unique selling points, creating and increasing web presence, crafting an effective job posting, using social media to spread the word, and how video can be leveraged to paint a picture of your community. The webinar is third in an eight-part series from 3RNet featuring national experts on health care recruitment and retention.

The December webinar will focus on leveraging free and low cost resources for rural and underserved recruitment. View the full agenda of upcoming webinar topics and dates at http://bit.ly/recruitingacademy. Contact Brad with questions at bthomison@kumc.edu.

## 2017 Local Public Health Leadership Series Taking Applications - Apply by November 15



Applications are now being accepted for the next session of the Local Public Health Leadership UNIVERSITY
Community Elecation of the Local Public Health Professionals who desire to expand their leadership development are encouraged to apply for this four-month education opportunity sponsored by The Kansas Department

of Health and Environment (KDHE) and the Kansas Association of Local Health Departments (KALHD). The purpose of the Local Public Health Leadership Series (LPHLS) is to enhance the ability of local health department administrators and staff to exercise leadership in the delivery of Medicaid services to residents in their communities. The LPHLS will develop core knowledge and skills related to identifying and responding to adaptive challenges. The focus will be on development of leadership competencies identified by the Kansas Leadership Center: Diagnosing the Situation, Managing Self, Energizing Others and Intervening Skillfully.

Leadership involves mobilizing others, sometimes without direct authority to do so, in an effort to address difficult community challenges. These difficult, daunting, adaptive challenges don't have a single expert or manager that can fix them. Progress can be made to address adaptive challenges but it will require learning, involvement of stakeholders and persistent efforts. Public health professionals are in key positions to provide this kind of leadership.

Applicants who are chosen will be expected to attend all live sessions in Wichita at the Community Engagement Institute. There is no registration cost for participating in the Local Public Health Series, only the commitment of time.

- January 23 24, 2017
- February 7 8, 2017
- March 7 8, 2017
- April 12 13, 2017

The Wichita State University Community Engagement Institute will serve as faculty and coaches for the series which is modeled after the Kansas Leadership Center's training curriculum and methods. If you want to know more about this program email Seth Bate at Seth.Bate@wichita.edu or Sonja Armbruster at Sonja.Armbruster@wichita.edu.

If you are interested in participating in this program and would like to receive the application, please contact Kristina Helmer at Kristina. Helmer@wichita.edu. The applications are due November 15.

#### Webinar Training on Catalyst Enhancements - December 5, 12, and 19



The Kansas Department of Health and Environment (KDHE) will be providing training via webinar on December 5, 12, and 19 to demonstrate the new enhancements to the Catalyst system. Catalyst is the system used for the Aid to Local process. Please register at ks.train.org, Course ID# 1064942. For more information about the training, contact Karen Kelley at karen.kelley@ks.gov or 785-296-0425.

# CDC Launches Understanding Public Health Policy Trainings



The Office of the Associate Director for Policy at the Centers for Disease Control and Prevention (CDC) has launched two web-based trainings on understanding public health policy. The two trainings are modified versions of two internal courses previously available to CDC staff. Introduction to Policy Analysis in Public Health, Course ID# 1064819, was de-

veloped to provide the learner with a better understanding of what policy analysis is, its use in assessing policy options, and how it can contribute to public health's role in policy. Introduction to Policy Evaluation in Public Health, Course ID# 1064948, provides instruction on using evaluation methods throughout the policy process. The two trainings are available on ks.train.org.

#### Webinar: Cities Operating and Expanding the Afterschool Meal Program - November 17

& Action Center

The Food Research & Action Center will host a webinar on November 17 at 12:00 p.m. to share innouative work throughout the country regarding afterschool meals. Cities across the country are becoming Food Research more involved in the Afterschool Meal Program. City agencies often operate afterschool enrichment programs and sponsor afterschool meal sites, and city leaders are elevating the visibility of afterschool

meals by promoting them to the community. Join the webinar to hear how cities have championed and expanded the Afterschool Meal Program through strong partnerships and planning. Register for the webinar here.



#### Webinar: Heart Disease Disparities in Region VII - November 17

The Heartland Regional Health Equity Council (Heartland RHEC) is hosting a webinar on Regional Health Equity Council November 17 at 1:30 - 3:00 p.m. to inform stakeholders about heart disease disparities in Region VII. Region VII encompasses Iowa, Kansas, Missouri, and Nebraska. During the webinar, speakers will provide an overview of the Region VII Heart Disease Disparities Report, highlights from data experts from each of the four states, and information for those interested in lowering heart disease rates among racial and ethnic populations in Region VII. Register for the webinar at http://tinyurl.com/RHECVIIHeartDiseaseWebinar.

# 17th Annual Iowa Public Health Practice Colloquium - Population Health: Finding Common Ground to Create Positive Change - Register by November 18

On November 30 at 1:00 p.m. the University of Iowa will host the 17th Annual Iowa Public ern Public Health Training Center Health Practice Colloquium in Iowa City, Iowa. This year's program will focus on creating a shared vision of what population health is and how successful partnerships are making positive changes throughout communities. The program will provide attendees with skills and knowledge to recognize gaps between how population health is defined and used by healthcare and public health professionals; identify opportunities for building collaborative partnerships between public health and healthcare to solve a population health issue; describe principles and common elements that lead to successful and sustainable work together; and utilize tools and examples of successful partnerships to improve population health in your community. Registration is free and can be completed online.

### New KDHE Approved Online Courses Available to Child Care Providers

New subject matter experts in the Bureau of Health Promotion and the Bureau of Epidemiology and Pub-Kansas lic Health Informatics have partnered with the KS-TRAIN team in the development and posting of three new online courses to the learning management system KS-TRAIN at http://ks.train.org. The new courses each have one clock hour available as a learning activity for the child care workforce. The new online courses are:

- Let's Move! Child Care (Day Care Homes): Promoting Physical Activity in Early Childhood Education (1064944)
- Let's Move! Child Care (Centers): Promoting Physical Activity in Early Childhood Education (1063970)
- KDHE: Carbon Monoxide Awareness Training (1065557)

To access a complete list of Kansas Department of Health and Environment approved KS-TRAIN courses click here.

#### NACCHO Webinar: Building Community Engagement for Syringe Service's Programs - November 29

The National Association of County & City Health Officials (NACCHO) will host a webinar on November 29 at 1 - 2:30 p.m. on building community engagement for syringe service programs. Syringe service program implementation can be challenging and community engagement is crucial to success. Two local health departments will share their experiences in building community involvement for syringe service programming during the webinar. The webinar speakers will address the multiple layers of partnerships the health department developed. Register for the webinar online.

# NACCHO Webinar: Breastfeeding in the Community: Engaging the Hard-to-Reach - December 5

The National Association of County & City Health Officials (NACCHO) will host an interactive NACCHO webinar on December 5 at 1:00 - 2:30 p.m. to address how local health departments (LHDs), community based organizations (CBOs) and other public health professionals can better support communities with low breastfeeding rates by engaging and retaining women and families who are tradi-

tionally classified as hard-to-reach. Participants will hear from three former NACCHO Breastfeeding Project grantees who successfully engaged their communities and established or enhanced programs to serve teenage, African American or low income mothers who faced structural barriers to breastfeeding at optimal levels. Register for the webinar online.

#### Continuing Education Courses Available for Public Health Professionals Via KS-TRAIN

Housing as an Intermediary Determinant of Health and Points of Intervention to Reduce Disparities, Course ID# 1066989, discusses that housing is where our economic, social, and personal lives come together. In this webinar, Dr. Angela Aidala and Dr. Robert Fullilove describe

housing as an intermediary social determinant of health and health equity. Fundamental determinants of health are macro-level cultural and economic policies, practices and dynamics that affect the socioeconomic position of individuals, groups and communities. These determinants operate directly on us through more proximal 'intermediary' determinants like housing to shape health outcomes. Housing links upstream fundamental determinants of health to the more immediate physical and social environments in which we live our lives. CHES and CPHCE continuing education credits are available.

MMWR Weekly - October 7, 2016 - WB2526-100716, Course ID# 1066961 from the Centers for Disease Control and Prevention includes the following scientific articles: Vaccination Coverage Among Children in Kindergarten - United States, 2015 - 16 School Year; Vaccination Coverage Among Children Aged 19 - 35 Months - United States, 2015; Real-Time Monitoring of Vaccination Campaign Performance Using Mobile Phones - Nepal, 2016; Characteristics of Children Aged greater than 18 Years with Zika Virus Disease Acquired Postnatally - U.S. States, January 2015 - July 2016; State-Specific Prevalence of Current Cigarette Smoking and Smokeless Tobacco Use Among Adults - United States, 2014 and Prevalence of Severe Joint Pain Among Adults with Doctor-Diagnosed Arthritis - United States, 2002 - 2014. Nursing continuing education credit is available for this course.

Adolescent Obesity-Prevention in the United States, Course ID# 1065092 states that preventing adolescent obesity is essential to bettering the overall health in the nation. This training will discuss adolescent obesity in the U.S. and highlight three programs that have been successfully implemented specifically for the prevention of adolescent obesity. CHES and Dietician CPE continuing education credits are available.

Childhood Obesity Programs: Comparative Effectiveness of Interventions, Course ID# 1065089, allows the public health practitioner to choose those prevention methods and settings specific to Childhood Obesity Prevention which are most appropriate to their target audience using evidence-based methods. CHES and Dietician CPE continuing education credits are available.

Best Practices in Nutrition Programs for Infants, Course ID# 1065093, discusses current breastfeeding rates in the U.S., and ways to promote increased breastfeeding rates. Specifically, two programs will be highlighted that support women's breastfeeding goals: Baby Friendly Hospitals, and Workplace Policies and Support, including Babies at Work programs. CHES and Dietician CPE continuing education credits are available.

Strategies for Implementing Public Health Nutrition and Physical Activity Programs for Adults, Course ID# 1064984, highlights two case examples of best practices in nutrition and physical activity programs for adults. The programs will be reviewed compared based on their strengths, challenges, future needs and areas for potential growth. Additionally, resources will be made available. CHES and Dietician CPE continuing education credits are available.

# **News and Resources**

# Researchers Dismiss Link Between Day Care Attendance, Obesity

A child placed in day care is no more likely to gain too much weight than a child who stays home with a Health ay parent, a new study indicates. Earlier research had suggested there may be an increased risk of obesity for children in day care. But a new analysis reveals that the potential association between excess weight and non-parental child care faded away after researchers took into account other factors that also influence childhood obesity.

#### Kansas Local Health Department Clinical Services Coding Resource Guide



The newest version of the Kansas Local Health Department Clinical Services Coding Resource Guide was released in September. Please share this resource with your staff and make sure you are utilizing the updated version. The guide is available on the KDHE Local Public Health website. If you

have guestions please consult AAron Davis with the Center for Public Health Initiatives at aaron.davis@wichita.edu or use the Billing List-Serve provided through the Kansas Association of Local Health Departments.

#### Reported Cases of Sexually Transmitted Diseases Are on Rise

There were more cases of sexually transmitted diseases reported in the United States last year The New Hork Times than ever before, according to new federal data. Rates of chlamydia, gonorrhea and syphilis - three of the most common S.T.D.s - grew for the second consecutive year, with sharper increases in the West than other regions. And while all three diseases are treatable with antibiotics, most cases continue to go undiagnosed, potentially causing infertility and other problems.

#### Overland Park is Named Most Disability-Friendly in the Country

A new analysis is ranking the nation's most populated cities based on how desirable they are for people with disabilities. Overland Park, Kansas is number one on the list followed by Scottsdale, Arizona and Lincoln, Nebraska. Two other Arizona cities - Gilbert and Peoria -

round out the top five. The listing comes from the personal finance website WalletHub, which assessed 25 factors ranging from availability of doctors to employment rates and park accessibility, in order to compile the ranking of 150 locales across the country.

#### CDC Updates Zika Guidance for Pregnant Women and Women and Men of Reproductive Age

The U.S. Centers for Disease Control and Prevention (CDC) previously issued travel, testing, and other guidance related to areas of active Zika virus transmission in Florida. Because local transmission of Zika virus continues to be reported in Miami-Dade County, CDC is strengthening travel recommendations for pregnant women to Miami-Dade County and also reinforcing recommendations for use of protective

measures to prevent exposure to Zika. CDC is updating recommendations to emphasize testing for pregnant women with an epidemiologic link to Miami-Dade County. An epidemiologic link means that they lived in, traveled to, or had unprotected sex with someone who lived in or traveled to, the designated area. In addition, CDC has made specific recommendations for areas of identified active transmission. Please click here for more information.

#### Gap Between Parent and Expert Views of the Quality of U.S. Child Care

A new National Public Radio (NPR)/Robert Wood Johnson Foundation (RWJF)/Harvard T.H. Chan School of Public Health poll suggests a major gap between parents' views and research experts' assessments of the quality of child care in the United States. Most parents (59 percent) believe their child receives excellent quality child care. By contrast, the most recent major study on the state of U.S. child care suggests a majority of child care is not high quality. NPR, RWJF, and the Harvard Chan School polled 1,120 parents or guardians of children 5-years old or younger who were not yet in kindergarten and received regularly scheduled care at least once a week from someone other than a parent, and found that about three in five parents rate the quality of care their child receives as excellent. However, findings from the National Institute of Child Health and Human Development Study of Early Child Care and Youth Development indicate that a majority of child care in the United States is of fair quality.

#### Pre-teens Need Just Two Doses of HPV vaccine, Not Three: Feds

There's good news for kids who haven't received all their HPV vaccines yet – they only need two \*\* NBC NEWS doses of the vaccine instead of three, federal government advisers said recently. The new recommendations should make it easier to get more children vaccinated against the human papillomavirus (HPV), which causes a range of cancers including cervical cancer, throat cancer and mouth cancer, officials said.

#### **Job Postings**

#### **Geary County Health Department**

- Health Nurse I RN
- Health Nurse II BSN
- WIC Registered Dietitian

#### Kansas Health and Environmental Laboratories

State Training Coordinator

#### **Kansas Health Matters**

AmeriCorps VISTA

#### **Northeast Kansas Environmental Services**

• Environmental Health Specialist

### **Reno County Health Department**

- Administrative Associate I WIC Part-Time (24 hours)
- Administrative Associate Full-Time Health Department

#### **Riley County Health Department**

- Child Care Surveyor I
- Public Health Nurse-Maternal & Infant/Home Visitor Program

#### **Sedgwick County Health Department**

- Mobile Immunization Nurse
- Nurse Coordinator Healthy Babies
- Public Health Nurse II Healthy Babies
- Enrollment Specialist Healthy Babies
- Office Specialist WIC
- Registered Dietitian WIC

# **Wyandotte County Unified Government**

Nurse Practitioner



Career opportunities at the Kansas Department of Health and Environment can be found here.

#### Kansas Department of Health and Environment Program Newsletters

Epi Updates Newsletter Green Guide Health Homes Herald KanCare Advisor Kansas Environmental News Kansas Health Statistics Report Semmelweis Times Kansas Statewide Farmworker Health Program Newborn Screening Newsletter Nutrition and WIC Update

Oral Health Newsletter
What's Happening Wednesday (Immunization)

# **Public Health Connections Information**

To receive the monthly E-Newsletter, email phc@kdheks.gov. Previous issues of Public Health Connections may be found at http://www.kdheks.gov/olrh/public\_health\_connections.htm.

Send your public health news to

Katie Mahuron at katie.mahuron@ks.gov.